



# **Annual Report**

#### A message from our Executive Director

As I reflect on the past year and the families we have served, I am filled with pride. We have provided invaluable services that have helped families heal and stay together. From teaching stress management techniques and effective parenting strategies to supporting those with developmental disabilities, our impact has been significant. The positive feedback we have received from families is a testament to the importance of our work. Thank you for your ongoing generosity and support; I am confident that you will be inspired by the stories within these pages.

IMPACT SNAPSHOT

341

Served in Family Support Services

134

Served in Intensive Family Services

23

Served in our Child | Parent Psychotherapy

8

Served in Best Friends and Opportunities Program



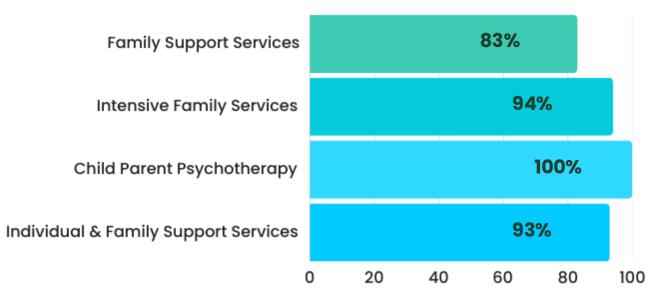
Before joining the program, I felt hopeless. With the support of the team, I now have housing and a job, and I feel like I can give my

children a better future."



#### **Delivering Measurable Success for our Families**

Percentage That Achieved Their Goals

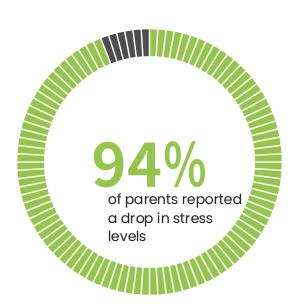




### **FAMILY SERVICES**

Youth Care & Beyond achieves an 89% success rate in stabilizing families and working toward their long-term safety and well-being, even when they face complex challenges such as homelessness, trauma, substance abuse, intellectual disabilities, and complex mental health needs. Our success is due to the dedication and expertise of our staff, who provide tailored, trauma-informed services to meet the unique needs of each family.









Housing Stability Successfully supported **12 families** in finding stable housing and an impressive **94% of families** who completed the program were able to maintain stable housing.



Educational Stability

**100%** of school-age children in our program were enrolled and stable in school



Employment Gains We helped **21 families** find meaningful employment, supporting their journey toward financial independence

## The Lewis Family





When we first met the Lewis family, the challenges they faced seemed insurmountable. Mrs. Lewis, a young mother of four, had a history shaped by hardship. Growing up in the foster care system, she had no role models to guide her parenting journey.

Her own mother, who struggled with lifelong substance abuse, left her without a foundation of stability or support. At just 12 years old, Mrs. Lewis became a mother herself, a tragic result of sexual assault. Adding to her challenges, she lived with intellectual disabilities, and two of her children had autism diagnoses. Her family was referred to us as she was on the brink of losing custody of her children.

By the time we stepped in, Mrs. Lewis had participated in several programs and been deemed "difficult to work with." Her home was in disarray, parenting knowledge was minimal, and she felt overwhelmed by her children's behaviors and special needs. At first glance, the barriers seemed overwhelming. But as we began working with her, it became clear that she wasn't difficult—she simply didn't understand what was expected of her and carried an enormous amount of fear.



# The Lewis Family



We built trust by providing consistent support and guidance. We created a plan tailored to her family's needs, recognizing her love for her children and her desire to be a good mother.

- **Step 1:** We helped Mrs. Lewis create daily schedules and visual routines to manage her children's behavior and reduce household chaos. This provided structure and improved her children's sense of security.
- **Step 2:** Coached Mrs. Lewis on positive reinforcement, consistent boundaries, and calming strategies to build her parenting skills and confidence.
- **Step 3:** We helped Mrs. Lewis declutter and organize her home, and connected her with resources to maintain a safe environment for her children.
- **Step 4:** We connected the family with specialized programs and services for children with autism, and community supports for Mrs. Lewis.

With intensive support, Mrs. Lewis gained the skills and confidence to care for her children and manage her home. As a result, the Lewis children remained at home, thriving under her care. Mrs. Lewis' success demonstrates that with belief, resources, and support, challenging circumstances can be overcome. The Lewis family's story exemplifies the power of providing hope, building resilience, and creating lasting change for families in need.



## **FAMILY SERVICES**

We see a growing trend in the need for evidence-based parenting programs that are court-approved, as well as services like functional behavior assessments and initial diagnostic interviews for court proceedings, Medicaid eligibility, and appropriate referrals. These needs highlight the importance of creating pathways for families to access the right support at the right time. Additionally, greater collaboration is essential to address critical issues such as affordable housing and food insecurity, which remain significant barriers for many families.

While our primary focus remains on meeting the immediate needs of families, we are committed to continuously assessing and refining our approach to ensure sustainable, long-term success. By tracking trends over time and listening to the evolving needs of the families we serve, we aim to identify opportunities for growth, expand our services, and strengthen partnerships. This commitment allows us to celebrate measurable progress in housing stability, employment, and overall family well-being, while addressing emerging gaps to create lasting impact.

### Success is more than just numbers



- 98% of families rated their satisfaction with our program as 'excellent.'
- 87% of families reported feeling more connected to their community and resources.
- 91% of parents felt more confident in their parenting skills.





## Landon's Story

When Landon joined our program a little over a year ago, he had trouble making socially appropriate comments and using respectful language. He also struggled to manage a consistent after-school routine, finding chores, homework, and preparing for the next day overwhelming. Through hard work, support, and determination, Landon has made remarkable progress.

From the beginning, Landon tackled his communication goals head-on. With guidance from his staff member, Eli, whom Landon affectionately calls his "Professional Best Friend," he learned to replace inappropriate comments with positive and socially appropriate expressions. In fact, Landon has not made an inappropriate comment in public for several months—a significant accomplishment.

Eli describes Landon as funny, smart, and a joy to work with. Landon has embraced structure and established a consistent routine that allows him to complete chores, finish homework, and prepare for his day independently. These improvements have not only made mornings smoother but have also boosted his confidence and independence.





# Landon's Story

Landon's progress extends beyond his daily routine. Over the past year, he has discovered a passion for sports, participating in bowling, basketball, swimming, and track and field, which have provided opportunities to connect with peers. At school, he interacts respectfully with classmates, using their appropriate names—a testament to his kindness and maturity.

One of the most striking changes in Landon is his attitude toward tasks. Where once there may have been resistance, he now approaches challenges with positivity and perseverance. Even on his toughest days, Landon's bright spirit uplifts those around him.

Landon's journey exemplifies the power of hard work, support, and self-belief. We are immensely proud of his achievements and eagerly anticipate his future milestones.

Landon, you are truly an inspiration!

## **Other Data**

100% of families have experienced trauma and have a mental health diagnosis and/or are receiving treatment

#### 2024 Age Data

Family Support	0 - 63 Years
Best Friends	8 - 44 Years
Opportunities	40 - 71 Years
Child-Parent Psychotherapy	1 - 6 Years
Intensive Family Services	1 - 43 Years

#### 2024 Ethnicity Data

Asian American	7 - 1%
African	16 - 3%
Native American	25 - 5%
Latino	56 - 11%
Black	168 - 34%
Caucasian	234 - 46%

# WE COULDN'T HAVE DONE IT WITHOUT YOUR GENEROUS SUPPORT



Small by choice, holistic by design



info@youthcare.inc



15418 Weir St. #317



youthcareandbeyond.org



402.991.9709