



Youth Care
AND BEYOND

2025 ANNUAL REPORT



A message from our Executive Director



This year, Youth Care and Beyond showed up in the moments that matter **most**.

- Not when things are easy.
- Not when everything is already working.

But when safety feels fragile, routines are breaking down, and families are doing everything they can to hold things together.

We step into those spaces quietly, without judgment, bringing support that is steady, reliable, and focused on what matters: **helping people stay safe and supported in their own homes.**

Many of the families and individuals we serve come to us during high-stress moments.

- A parent overwhelmed and unsure how to keep things stable.
- A placement at risk of disruption.
- An individual needing support to safely maintain daily life.

By the time we are called, systems are often already involved. The stakes are high.

And that's where our work begins.

-Tracey Pearson, Executive Director

What we do

We come alongside families
in their living rooms,
in their kitchens, and
in everyday routines that matter.

Building small, consistent
moments that add up.

We help families

- Restore a sense of safety
- Build routines that hold
- Support caregivers so they feel less alone
- Reduce crisis moments before they escalate

Success looks like

- A home that feels calmer than it did before
- A caregiver who feels more confident
- An avoided crisis because support was already in place
- A routine that stays intact on a difficult day

It's not about eliminating every challenge. It's about moving from imminent risk to something more manageable, steady, and sustainable.

Programs



Family Support

Steps in when placement or safety is at immediate risk, working directly in the home to prevent disruption and restore stability.

Best Friends

Provides consistent, in-home support for individuals with developmental disabilities, offering families something they can count on: reliability, safety, and respect.

Opportunities

Supports individuals in maintaining stable daily living in their own space, protecting dignity while ensuring the right level of support stays in place.

**Different services. One focus.
Helping people stay steady where they live.**

Why this work matters

Without the right support

Families and individuals face real risks:

- Placement disruption
- Increased crisis involvement
- Loss of stability
- Disconnection from the environments they know



With the right support

Families and individuals have positive outcomes:

- People remain in their homes
- Caregivers regain a sense of capacity
- Daily life becomes more predictable

**A place she
fought to
keep.
MaryAnn's
success story.**



For 20 years, MaryAnn called the Opportunities program home. MaryAnn is 69 and lives with an intellectual/developmental disability.

When she first came to Youth Care & Beyond in 2006, her living conditions were unsafe and unstable. She was staying in a small, rodent-infested space above a garage. She did not have the skills or support to cook safely, and often ate cold beans straight from a can. She had no reliable structure, no security, and very little dignity in her daily life.

That changed when she moved into our program. With consistent support, skill-building and routine, MaryAnn transitioned into her own apartment in a secure community complex. Over the years, she learned how to manage daily living tasks, care for her space, prepare meals safely, and participate in her community. Her apartment became more than housing, it became hers. A place of pride. A place of safety.

Then in 2025 she fell. The fall was devastating. At her age, with her medical complexity, a nursing home placement felt inevitable. After everything she had worked for, it wasn't clear if she would be able to go back to the life she had built. But MaryAnn wanted her home.

Our staff stepped in immediately. They supported her through daily physical therapy, assisted with personal care, meals, mobility, and encouragement during recovery. They adapted routines, provided hands-on help when needed, and slowly stepped back as she regained strength.

Recovery was not easy. It required patience, repetition, and belief from MaryAnn and her team. Today, she is back in her apartment. She wakes up in her own bed. She moves through her own space. She enjoys her familiar routines. She smiles when she talks about being "home." The place she fought so hard to achieve remains hers.

MaryAnn's story is not just about recovery from a fall. It is about preventing unnecessary institutionalization, aging with dignity, and stable housing with the right level of support. It is about what happens when we don't give up on someone simply because they get older or face a setback. Opportunities works because it meets people where they are, and stays with them through change.

MaryAnn is home.

The Wells' Path to healing and unity



When the Wells family was referred to the Intensive Family Preservation (IFP) program, they were facing a situation that threatened to tear them apart. The referral came after a physical altercation between 14-year-old Maria and her stepfather, Mr. Wells. The incident was a symptom of deeper issues — unresolved trauma, communication breakdowns, and a lack of understanding of the developmental needs of adolescents.

The Wells were hesitant when we first began working with them. Mrs. Wells, overwhelmed by the stress of managing a blended family, was struggling to keep peace at home. Mr. Wells, dealing with past trauma, had difficulty connecting with Maria, leading to tension. Maria felt misunderstood and isolated, unsure of how to express her emotions in a safe and constructive way.

Our team knew the key to helping the Wells was to build trust and create a safe space to share their feelings. We began family counseling sessions, allowing each member of the family to voice their concerns and frustrations. Through these sessions, we uncovered the underlying trauma that was affecting Mr. Wells and Maria, creating a cycle of conflict.

We provided trauma-focused therapy, helping Mr. Wells process his past and giving Maria the tools to understand and manage her emotions. These sessions became a turning point for the family, they began to understand each other's perspectives and started working towards healing together.

In addition to therapy, we offered skill-building sessions that focused on parenting techniques, establishing routines, and creating structure within the home. Mrs. Wells learned how to set clear expectations and boundaries for the children, which helped reduce the chaos that contributed to stress. We educated the Wells on the normal developmental stages of adolescents, which gave them a better understanding of Maria's behavior and how to respond with patience and empathy.

As the weeks passed, we saw significant improvement in family dynamics. Communication between Maria and her stepfather became open and respectful, and the tension began to dissipate. Mrs. Wells felt more confident in her parenting, and Maria started to thrive in the supportive environment that was being nurtured at home.

One of the most heartwarming moments came during a family counseling session. Maria, with tears in her eyes, expressed her gratitude for the changes in their home. "I feel like we're finally understanding each other," she said. "We're not perfect, but we're trying, and that means everything to me."

Their journey wasn't without challenges, but their commitment to healing and improving their relationships made all the difference. By the time our work with them concluded, they addressed the immediate crisis and built a foundation of trust, communication, and love that would support them in the future.

Today, the Wells continue to grow and strengthen their bonds. They know that the journey to a healthy, happy family is ongoing, but they are equipped with the tools and skills they need to face challenges together. Our Intensive Family Preservation program gave them the support they needed during a critical time, and helped them move from a place of crisis to one of hope and unity.



2025 Participant Data

Across the Lifespan Impact

Youth Care & Beyond serves individuals from infancy through older adulthood. Our programs support children, parents, and adults with intellectual and developmental disabilities by integrating daily living supports with mental health services. We focus on promoting stability, emotional wellness, meaningful relationships, and safe community living at every stage of life.

Total Individuals Served: 512



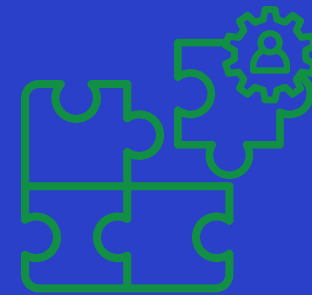
Racial, Ethnic and Age Demographics

Race/Ethnicity	Number Served	Percentage
White	268	52.30%
Black or African American	165	32.20%
Hispanic/Latinx	79	15.40%

Program	Age Range Served
Family Support	0 – 63
Intensive Family Preservation (IFP)	1 – 57
Child-Parent Psychotherapy (CPP)	1 – 6
Best Friends	9 – 45
Opportunities (Independent Living)	41 – 72

Our commitment Moving Forward

Provide support that matches real needs



Protect safety and dignity

Show up consistently




Stay focused on stability

**Families need support they can trust.
And that is the work we will continue to do, every day, in every
home we serve.**



THANK YOU FOR YOUR GENEROUS SUPPORT.

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